# OFFICE OF SUBSTANCE USE SERVICES

WOMEN SERVICES, PROJECT LINK PROGRAM

# DBHDS.....

Virginia Department of Behavioral Health and Developmental Services

1 pril 2024

# What is Project LINK?

- The *Project LINK* program was developed in 1992 to provide gender-specific services to pregnant and parenting women. There are **14** Project LINK programs housed in Community Services Boards. Pregnant women impacted by substance use disorders are a priority population for CSBs and are provided services within 48 hours.
- The mission of Project LINK is to reduce the existing barriers to accessing services needed by women impacted by substance use disorders, co-occurring disorders, and/or trauma, by coordinating existing services, improving communication on behalf of the client, enhancing the knowledge and skills of service providers, and augmenting existing services to address the special needs of the identified population including their infants and children.
- The goals of Project LINK include: decreasing the incidence of alcohol, tobacco, and other substance use among pregnant, postpartum, parenting, and "at risk" women; Increasing early identification, referrals, and follow-up of women and children, enhancing availability and accessibility of prevention, early intervention, and treatment services; optimize the healthy growth and development of infants born to Project LINK mothers; strengthen the family unit, promote positive parenting, and support the optimal development and functioning of all children in the family; and increase interagency collaboration.
- Services provided by Project LINK or community referral include case management, linkage to
  prenatal care, substance use disorder services, residential treatment, medication-assisted
  treatment, withdrawal management, mental health outpatient services, group therapy, intensive
  outpatient treatment, evidence-based trauma group, parenting program, and linkage to childcare
  and transportation services to attend treatment services. Infants and children are referred for
  developmental screenings and therapeutic interventions as deemed appropriate.





# PROJECT LINK LOCATIONS

# **Region 1**

# Alleghany-Highlands CSB

Tiffany Bowser
Director of Community Supports
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## Blue Ridge Behavioral Healthcare

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## Horizon Behavioral Healthcare

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## Rappahannock Area CSB

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#### **Region Ten CSB**

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# Region 3

# **Cumberland Mountain CBS**

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# **Dickenson County Behavioral Health**

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## **Highlands CSB**

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#### **Mount Rogers CSB**

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#### **New River Valley CSB**

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## **Planning District One**

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# Region 4

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# For further information, contact:

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