



Rights & Responsibilities

For Self-Advocates





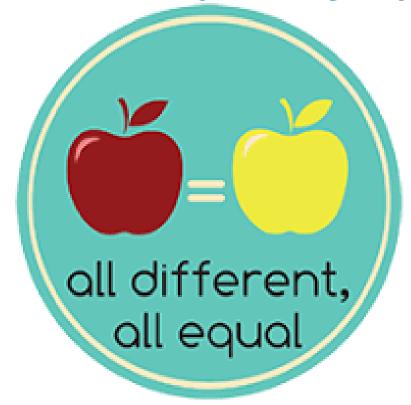








All people are worthy of dignity & respect









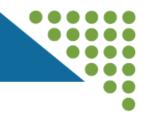
Everyone has the **right** to relationships



And access to community







Everyone has the **right** to stay connected to people in their lives



AND the **responsibility** to respect the rights of others!







Everyone has the **right** to privacy



And the responsibility to respect the privacy of others





Everyone has the **right** to safety



And the **responsibility** to be respectful of the safety needs of others







Everyone has the right to decide what to eat



And the responsibility to say "yes," or "no," to healthy choices







Everyone has the right to be an active citizen

Elements of Good Citizenship





DBHDS>>>



Everyone has a right to their own heart-felt beliefs



And the responsibility to respect the beliefs of others







Everyone has the right to control their money



And the **responsibility** not to spend more than they can afford





Everyone has the **right** to be heard



And the **responsibility** to speak up or ask questions when they don't think things are right

DBHDS>>>



Everyone has a right to participate in decisions about

them



And to know about all of the choices they may have, including good and bad things about each option





Advocates can help

- Advocates pay attention to reports from providers
- Advocates ask questions
- Advocates address questions
- Advocates can help when self-advocacy doesn't seem to be working
- Advocates work for fairness







Everyone has the right....

- ➤ To say "yes," or "no," to any sort of touch or intervention that involves touch. Each person has control over his or her own body.
- ➤ To explore all available services or benefit options
- ➤ To ask questions
- ➤ To say, "I agree," or "I don't agree."
- ➤ To request that a provider decision be reviewed or appealed.
- ➤ To request information about how to contact an advocate and/or the disAbility Center for Law in Virginia (dCLV).



Questions?

State Facilities:





1 Alexandria 21 Lynchburg 2 Bristol 22 Manassass 3 Buena Vista 23 Manassass Park 4 Charles City County 24 Martinsville 5 Charlottesville 25 Newport News 26 Norfolk 6 Chesapeake 7 Colonial Heights 27 Norton 8 Covington 28 Petersburg 9 Danville 29 Poquoson

10 Emporia 30 Portsmouth 11 Fairfax City 31 Radford 12 Falls Church 32 Richmond 13 Franklin 33 Roanoke

34 Salem 14 Fredericksburg 15 Galax 35 Staunton 16 Hampton 36 Suffolk 17 Harrisonburg 37 Virginia Beach

18 Hopewell 38 Waynesboro 19 James City County 39 Williamsburg

20 Lexington



Southern VA Mental Health Institute/Northern VA Mental Health Institute/Southwest VA Mental Health Institute Hiram Davis Medical Center/Commonwealth Center for Children & Adolescents/VA Center for Behavioral Rehabilitation Southeastern Virginia Training Center Diana Atcha | 804.426.3279 Cassie Purtlebaugh | 804.382.3889 diana.atcha@dbhds.virginia.gov cassie.purtlebaugh@dbhds.virginia.gov

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