



Rights & Responsibilities

For Self-Advocates





All people are worthy of dignity & respect



Everyone has the **right** to relationships



And access to community





Everyone has the **right** to stay connected
to people in their lives



AND the **responsibility** to respect the rights of
others!





Everyone has the **right** to privacy



And the **responsibility** to respect the privacy of others





Everyone has the **right** to safety



And the **responsibility** to be respectful of the
safety needs of others



Everyone has the **right** to decide what to eat



And the **responsibility** to say “yes,” or “no,”
to healthy choices

Everyone has the **right** to be an active citizen

Elements of Good Citizenship





Everyone has a **right** to their own heart-felt beliefs



And the **responsibility** to respect the beliefs of others



Everyone has the **right** to control their money



And the **responsibility** not to spend more than they
can afford



Everyone has the **right** to be heard



And the **responsibility** to speak up or ask questions when they don't think things are right





Everyone has a **right** to participate in decisions about them



And to know about all of the choices they may have, including good and bad things about each option



Advocates can help

- ❖ Advocates pay attention to reports from providers
- ❖ Advocates ask questions
- ❖ Advocates address questions
- ❖ Advocates can help when self-advocacy doesn't seem to be working
- ❖ Advocates work for fairness



Everyone has the **right**...

- To say “yes,” or “no,” to any sort of touch or intervention that involves touch. Each person has control over his or her own body.
- To explore all available services or benefit options
- To ask questions
- To say, “I agree,” or “I don’t agree.”
- To request that a provider decision be reviewed or appealed.
- To request information about how to contact an advocate and/or the disAbility Center for Law in Virginia (dCLV).



Key

1 Alexandria	21 Lynchburg
2 Bristol	22 Manassass
3 Buena Vista	23 Manassass Park
4 Charles City County	24 Martinsville
5 Charlottesville	25 Newport News
6 Chesapeake	26 Norfolk
7 Colonial Heights	27 Norton
8 Covington	28 Petersburg
9 Danville	29 Poquoson
10 Emporia	30 Portsmouth
11 Fairfax City	31 Radford
12 Falls Church	32 Richmond
13 Franklin	33 Roanoke
14 Fredericksburg	34 Salem
15 Galax	35 Staunton
16 Hampton	36 Suffolk
17 Harrisonburg	37 Virginia Beach
18 Hopewell	38 Waynesboro
19 James City County	39 Williamsburg
20 Lexington	40 Winchester

State Facilities:

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Central State Hospital/Western State Hospital/Eastern State Hospital/Catawba Hospital/Piedmont Geriatric Hospital
 Southern VA Mental Health Institute/Northern VA Mental Health Institute/Southwest VA Mental Health Institute
 Hiram Davis Medical Center/Commonwealth Center for Children & Adolescents/VA Center for Behavioral Rehabilitation
 Southeastern Virginia Training Center

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 and Developmental Services

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