

STAUNTON AREA LHRC
103 Valley Center Drive, Staunton, VA 24401
Approved Minutes
January 8, 2026
10:30 AM

MEMBERS PRESENT

Abby Shirkey - Chairperson
Kim Nine – Member
Melissa Thornton- Member

Members Absent

None

OTHERS PRESENT

Riley Curran - Human Rights Advocate, DBHDS OHR
Mykala Sauls – Human Rights Advocate, DBHDS OHR
Lashanique Green – Human Rights Advocate, DBHDS OHR
Tony Davis – Human Rights Advocate, DBHDS OHR
Will Childers – Perspective Member
Bettina Guynn-Rossum- Clinical Social Worker, Eastern State Hospital
Melissa Bennett- Chief Clinical Officer, Eastern State Hospital
Queshaun Sudbury- Nurse Practitioner, Southwestern Virginia Mental Health Institute
KR- Individual
Camesha Adams- Clinical Social Worker, Southern Virginia Mental Health Institute
Tameka Roberson- Facility Ombudsman, Southern Virginia Mental Health Institute

CALL TO ORDER

The meeting was called to order by Abby Shirkey at 10:37 AM.

ROLL CALL/ATTENDANCE

Those in attendance made introductions.

APPROVAL OF AGENDA

The amended agenda was submitted and a motion to approve was made by Kim Nine seconded by Melissa Thornton.

APPROVAL OF MINUTES

The minutes were motioned to be approved was made by Kim Nine seconded by Melissa Thornton.

PUBLIC COMMENTS

No public comments.

ADVOCATE REPORT AND TRAINING

Riley Curran provided the advocate report to include facility data regarding quarterly ANE and Complaint Statistics, summary of current Variances, local updates, and upcoming events.

NEW BUSINESS

- a. ESH Consent and Auth Review
- b. CSH Next Friend Review
- c. SVMHI Restriction Review
- d. SVMHI Restriction Reviews

OLD BUSINESS

- WSH Quarterly Variance Update

CLOSED SESSION

Upon a motion made by Abby Shirkey and seconded by Kim Nine the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of PHI.

RETURN TO OPEN SESSION

Upon reconvening in open session, each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session.

- Abby Shirkey motioned that the Consent and Appointment of AR at ESH was done in accordance with the Human Rights Regulations. Seconded by Kim Nine. Unanimously approved by all members present. The LHRC recommends that ESH work with the individual to contact others who were identified as someone who may be willing to serve.
- Abby Shirkey motioned to approve the Next Friend Appointment at CSH and Kim Nine seconded the motion. Unanimously approved by all members present.
- Abby Shirkey motioned that the Phone Restriction at SVMHI was imposed in accordance with the regulations, Kim Nine seconded the motion. Unanimously approved by all members present.
- Abby Shirkey motioned that the restrictions at SWVMHI were imposed in accordance with the regulations, Kim Nine seconded the motion. Unanimously approved by all members present.
- The Staunton Area LHRC accepted WSH's quarterly variance update.

MEETING ADJOURNED

The meeting was adjourned by Abby Shirkey at 12:16PM. The next meeting date is January 8, 2026, at 10:30 AM located at Western State Hospital.

