

**STAUNTON AREA LHRC**  
103 Valley Center Drive, Staunton, VA 24401  
Approved Minutes  
March 18, 2026  
12:00 PM

**MEMBERS PRESENT**

Abby Shirkey - Chairperson  
Kim Nine – Member  
Melissa Thornton- Member

**Members Absent**

None

**OTHERS PRESENT**

Riley Curran - Human Rights Advocate, DBHDS OHR  
Perla Pardo, PMHNP-BC, MSN, RN, - Provider, WSH

**CALL TO ORDER**

The meeting was called to order by Abby Shirkey at 12:02 PM.

**ROLL CALL/ATTENDANCE**

Those in attendance made introductions.

**APPROVAL OF AGENDA**

The agenda was submitted and a motion to approve was made by Melissa Thornton seconded by Kim Nine.

**APPROVAL OF MINUTES**

The minutes were motioned to be approved were made by Kim Nine seconded by Melissa Thornton.

**PUBLIC COMMENTS**

No public comments.

**ADVOCATE REPORT AND TRAINING**

Riley Curran provided the advocate report to include facility data regarding quarterly ANE and Complaint Statistics, summary of current Variances, local updates, and upcoming events.

**NEW BUSINESS**

- a. WSH Consent and Auth Review

**CLOSED SESSION**

Upon a motion made by Abby Shirkey and seconded by Kim Nine the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of PHI.

### **RETURN TO OPEN SESSION**

Upon reconvening in open session, each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session.

- Abby Shirkey motioned that the Consent and Appointment of AR at WSH was done in accordance with the Human Rights Regulations. Seconded by Kim Nine. Unanimously approved by all members present.

### **MEETING ADJOURNED**

The meeting was adjourned by Abby Shirkey at 12:16PM. The next meeting date is April 2, 2026, at 10:30 AM located at Western State Hospital.